



Make confident, informed health decisions.



With Teladoc Health, you have access to advice and support for your medical needs.

Services available to you:

Expert Medical Opinion

An expert review of your diagnosis and treatment plan

Find a Doctor

Find a leading local physician for you and your family

Care Finder

Find leading specialists outside of Canada

Personal Health Navigator

Get connected to resources for your medical needs

Ask the Expert

Receive personalized responses from leading experts

Mental Health Navigator

Get help navigating the mental healthcare system

Top 5 reasons people use our expert services:

- **1.** Little improvement in current treatment plan
- 2. Pain won't go away
- **3.** Need a local specialist
- 4. Confused about test results
- **5.** Considering surgery

Extended Family Benefits

These services also extend to your parents and in-laws!

Start your journey to better health today!

Visit Teladoc.ca/CanadaLife | Call 1-877-419-2378

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